



FAMILY & CHILDREN'S MEDICAL / SUPPORT NEEDS

Planning in a blessing manner starts with achieving an understanding of the full range of your needs or your family member's needs.

PLEASE FILL THIS OUT ONLY IF YOU HAVE CHILD OR YOUTH FAMILY MEMBERS WITH MEDICAL NEEDS.

Check off below the range of needs that your family and your child may need to help plan in finding resources to meet all needs.

YOUR NAME: _____ EMAIL: _____ PHONE: _____

YOUR NAVAJO NATION CHAPTER: _____ HOW MANY KIDS: _____

My family has the following needs:

DINÉ CULTURE

- Prayers
- Ceremonies
- Food sovereignty
- Diné arts and crafts
- Diné wellness teachings

DAILY NEEDS

- Food access
- Nutrition counseling
- Clothing
- Shelter
- Trash removal
- Cleaning and chore assistance
- Companions
- Community interaction (Get out of the house)
- Farming, gardening
- Homebased healthcare
- Livestock
- Transport
- Water
- Electricity
- Sewage
- Internet
- Short term financial help
- Long term financial help
- Emergency health planning

MEDICAL-RELATED NEEDS

- Communication help with doctors/nurses
- How to access resources & services
- How to advocate for healthcare needs
- Case coordination / management
- Getting referrals for services
- Getting to facilities far away
- Obtaining medical appointments

SCHOOL

- 504 accommodation plan
- Meal plans
- Spiritual, physical and mental health
- Transportation to and from school & field trips
- Individualized Education Program (IEP)

CAREGIVING

- Caregiver help
- Babysitting help
- Caregiver training
- Respite (Timeout from caregiving).
- Guardianship
- Power of Attorney

TRANSITIONING TO ADULTHOOD

- Transition from childhood to adulthood
- Transition from school to employment
- Pre-vocational training
- Individual employment
- Supported employment
- Transition housing
- Permanent supportive housing

PREGNANCY, INFANTS, SMALL KIDS

- Pre-natal testing
- Newborn screening & follow ups
- Breastfeeding support
- Parenting education

THERAPY

- Behavioral & mental health
- Physical
- Speech / words
- Occupational
- Animal & Arts
- Mobility and vision

DISABILITY

- Support toward self-sufficiency
- Helping community understand disability
- Assistive Devices (hearing aid, wheelchair)
- Specialized medical supplies
- Home accessibility
- Vehicle accessibility
- Supportive housing (housing & services)
- How to get disability benefits
- ABLE Savings Account or Special Needs Trusts
- Healthcare Representative
- Adult Guardianship