

INTERGENERATIONAL FAMILY SHARING

ENVISIONING DINÉ BIKÉYAH 102 YEARS FROM NOW


In 2023 we held our first conference celebrating intergenerational family sharing--a space for Diné families to come together and imagine new futures for Diné Bikéyah. We hope to convene a conference every year that includes intergenerational envisioning through stories and art of all kinds.

Envisioning a future for Diné Bikeyah means already knowing what is valuable for our families and what ought to be in place 102 years from now. A Diné lifetime is 102 years. It sees 3 generations back and 3 generations forward. Intergenerational sharing means our families are speaking with one another, relating, planning, and sharing knowledge.


UPLIFTING DINÉ VOICES


Diné families have so much to share across a wide range of issues that impact Diné life--how to thrive in health, community, and relations with Mother Earth and all Beings.

CONTACT US

 (505)226-3073 - PLS TEXT

 info@navajofamilies.org

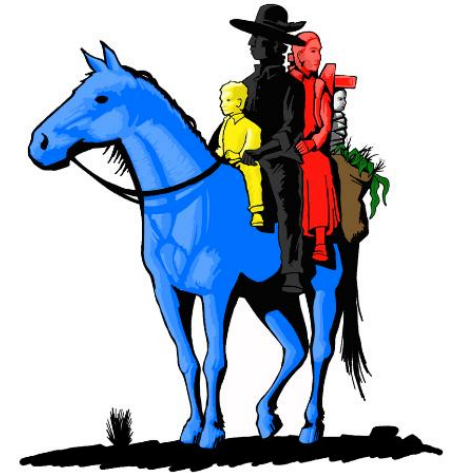
 www.navajofamilies.org

 Navajo Family Voices
P.O. Box 744
Farmington, NM 87499



This brochure is published as part of a \$89,140 award from the Health Resources and Services Administration (HRSA) of the U.S. Dept. of Health and Human Services (DHHS). Its contents do not necessarily represent the official views or non-endorsement by HRSA, DHHS or the US Government. Please visit HRSA.gov.

NAVAJO FAMILY *Voices*



DINÉ BĀ ĀLCHĪNĪ *Yit Ádaani*

ĀlchĪnĪ hózhóojí bá Nahat'á

Planning for Our Kids in a Blessing Manner

ABOUT US

We are families of children and youth with extra health needs who have lived on the Navajo Nation for generations. We are also lawyers, advocates and scholars.

We support families on the Navajo Nation. Our goal is holistic information and support for the empowerment of families in navigating the different health systems, help with understanding resources, and support for the revitalization and use of Diné cultural wellness knowledge and wisdom.



Indian Country
Grassroots Support

We are a program of Indian Country Grassroots Support (ICGS). Please visit www.indiancountrygrassroots.org.



WHAT WE FOCUS ON

Extra Health Needs

We support and celebrate families with extra health needs and envision communities in which our disabled family members and kids will thrive.

Nurturing Diné Lifeways

Positive relationship, *k'é*, is essential in everyday life in our communities and between generations. We strive to support *Sa'ah Naaghái Bikéh Hózhóón*, our life journey as Diné on the Corn Pollen Path. We honor the strength that our matrilineal systems bring to our generations.

Cultural Revitalization

Histories of colonization and forced assimilation have many impacts on Diné life including language loss, and must be addressed now, and in compassionate ways, rooted in love and support.

Resources and Supplies

Healthcare on the Navajo Nation means overlapping state, federal and tribal public healthcare systems as well as traditional Diné wellness knowledge and ceremonies.

We assist with navigating and finding health resources for Navajo Nation families. Since the COVID-19 pandemic, we also assist Northern Diné relief networks in finding and distributing essential supplies.



Mental Health

Our families have struggles with mental health that everyone needs to address together.

Community

We recognize the importance of familial systems and how they teach us about governance with each other.

Youth Empowerment

We acknowledge the leadership of our youth and strive to support healthy transitions for our youth in childhood and into adulthood.

Land Use

Essential for Diné wellness is reverence for nurturing the land and reverence of Mother Earth as a living being.

Front Logo: Daniel Josley
Cornstalk painting: Sage Eriacho
Left photo: Sharon Tsosie
Top photo: Sandra Yellowhorse